Blue Valley Unified School District # 229

Return to Work - Medical Certification Form

To be completed for absences of more than 5 consecutive days due to <u>personal medical reasons</u>. Employee must have physician complete and return to HR. If any work restrictions apply, these must be pre-approved through HR prior to returning to work.

Work Related: ☐ Yes	□ No						
	□ No						
Work Status:				Restriction	ns:		
☐ Return to Full Duty(date)				☐ No pulling/pushing			
☐ Return to Modified duty with restrictions			(date)	□ No Crawling, kneeling, squatting			
☐ Unable to work un				☐ No bending/stooping			
☐ Sedentary work or			,	□ No overhead work			
☐ One hand duty only(date)				☐ No stairs, no climbing			
☐ If accommodated (ntil	□ No prolonged standing/walking			
next appointment	-	,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,,		=	nobilization	<u>6</u>	
☐ Permanent restrictions					ng/operating mac	hinery	
- remanent restrict	.10113			☐ No lifting		initier y	
Hours able to work i	ner day (nlease	circle)		· ·			
Hours able to work per day (please circle) 1 2 3 4 5 6 7 8 9 10 11 12				 No uneven ground Max. weight (lbs) 5 10 15 20 30 >30 			
1234307	0 9 10 11 1	_		Widh. Weig	int (183) 5 10	15 20 5	750
Physical Demand Ca	tegory:						
Sedentary	Sedentary	Light	Light-Medium	Medium	Medium-Heavy	Heavy	Very Heavy
Occasional (1-33%)	10 lbs	20 lbs	35 lbs	50 lbs	75 lbs	100 lbs	Over 100 lbs
	Nogligible	10 lbs	15 lbs	25 lbs	35 lbs	50 lbs	Over 50 lbs
Frequent (34-66%)	Negligible						
Frequent (34-66%) Constant (67-100%)	Negligible	Negligible		10 lbs	15 lbs	20 lbs	Over 20 lbs
• • •	Negligible	Negligible (15 lbs Today: □ Yes		Over 20 lbs
Constant (67-100%) Follow up appointment: Other Restrictions, Accor	Negligible mmodations or	Negligible (r Comments:	7 lbs	Final visit	Today: □ Yes	□ No	
Constant (67-100%) Follow up appointment: Other Restrictions, Accord	Negligible mmodations or	Negligible (r Comments:	7 lbs	Final visit	Today:	□ No	
Constant (67-100%) Follow up appointment: Other Restrictions, According Physician Name (Print): Physician Signature:	Negligible mmodations or	Negligible (r Comments:	7 lbs	Final visit	Today:	□ No	
Constant (67-100%) Follow up appointment: Other Restrictions, Accord Physician Name (Print): Physician Signature:	Negligible mmodations or	Negligible (r Comments:	7 lbs (date)	Final visit	Today:	□ No	
Constant (67-100%) Follow up appointment: Other Restrictions, According Physician Name (Print): Physician Signature:	Negligible mmodations or to:	Negligible (r Comments: Blue Valley US Benefits Depa	7 lbs date) SD # 229 artment	Final visit	Today: Yes Telephon Date:	□ No	
Constant (67-100%) Follow up appointment: Other Restrictions, Accord Physician Name (Print): Physician Signature:	Negligible mmodations or to:	Negligible (r Comments: Blue Valley US Benefits Depa 15020 Metcal	7 lbs (date)	Final visit	Today:	□ No	
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